Recomme	endation	Priority A-B-C	Timeframe S-M-L	Sector *
5.	Ensure the most current diagnostic tools developed by the ARCCs are shared with primary care doctors and other neurologists	B+	Short / Medium	HG, NP SG
6.	Establish as standard practice that primary care doctors do a first level of Alzheimer/dementia assessment annually for people over 65.	С	Long	HEd, BUS NP
	s to Care/Care Options			
1.	Every community/region of the state shall ensure 24- hour treatment and residential facilities offering quality care.	B+	Medium	SG, LG RG, CBO NP
2.	With regard to IHSS, funding shall be made available to create registries in each county/region to facilitate families locating qualified workers.	B+	Medium	SG, LG RG, CBO NP
	With regard to Day Care/ADHCs/ADCRCs, goals should be set for each as a guideline for the licensing of new programs, e.g. 1 center per a defined number of people over 65 in order to address the fact 25 counties have no programs and 29 are underserved.	В	Long	SG, NP Fndn
4.	Identify and remove the federal, state and local barriers that have delayed implementation of integrated long-term care programs throughout the state.	B+	S	SG, CBO
5.	Identify the special needs of persons who have early- onset Alzheimer's disease, including issues related to employment status, early retirement, loss of benefits, and the availability of appropriate programs and services.	В	Medium	BUS, NP RG
6.	A plan should be developed and implementation funded to ensure the needs of the aging prison population are addressed.	С	Long	SG
E. Insura	ince and Medi-Cal			1
1.	The institutional bias in reimbursement policies should be removed. Allow families to use 3 <sup>rd</sup> party money in the most appropriate setting and level of care.	В	Medium	SG, BUS
2.	Increase reimbursement rates to a level that will ensure adequate wages for care workers and quality care.	B+	M	SG, LG
3.	Eliminate barriers to psychotherapy services for persons with Alzheimer's disease.	В	Medium	SG, BUS LG, FED, NP
	Allow drug coverage for Alzheimer's disease treatments.	B+	Short	BUS, SG
5.	Identify potential Medi-Cal home and community-based rate options that would encourage providers to develop and provide services to older adults with mental health conditions, Alzheimer's and/or dementia since they may have more complex care needs.	В	Medium	SG, LG BUS CBO

<sup>\*</sup>Sector Choices: NP = Non-Profit, CBO = Community Based Orgn., PA=Professional Association, Bus = Private business, Fndn = Foundation, HEd = Higher Ed, CC = Community College, AEd=Adult Education, LG = Local Gov't, RG = Regional Gov't, SG = State, Fed=Federal

Recomr	mendation	Priority A-B-C	Timeframe S-M-L	Sector *
	<ol> <li>Develop the Medi-Cal assisted living waiver to include tiered reimbursement tied to the acuity of resident need. This provides another option on the care continuum for persons with dementia and psychiatric/behavioral symptoms.</li> </ol>	В	Medium	SG, FED
	ed Nursing Facilities			
	<ol> <li>Ensure adequate rate reimbursement so physical and mental therapies are included when appropriate.</li> </ol>	В	Medium	SG, Fed
	ety and Security			
	<ol> <li>Education and awareness programs should be launched to help those working with the elderly to recognize signs of elder abuse and to be aware of how to report cases.</li> </ol>	B+	Medium	SG, LG, CBO, NP
:	2. Increase awareness and use of Return Programs.	В	Medium	SG, LG CBO, NP
	<ol><li>Include missing persons with Alzheimer's in the Amber Alert system.</li></ol>	С	Medium	SG, LD CBO, NP
H. Care	egivers			
	<ol> <li>Medical standards of practice should be changed to ensure primary practitioners regard the Alzheimer's/dementia caregiver as a patient with ongoing needs. Doctors should initiate a review of the caregiver's health status with every visit and should be informed about health risks to the caregiver and available services.</li> </ol>	B+	Medium	HEd, SG NP
;	<ol><li>Counseling to address the stigma and resistance of older caregivers to seeking help should be available.</li></ol>	B+	Medium	SG, CBO
,	<ol> <li>The Alzheimer's Health Education Initiative should be fully funded in order that caregivers in every county/region can be trained in working effectively with their doctor.</li> </ol>	С	Medium	HEd, SG, NP
I. Train	ing/Education			
	1. Promote training requirements in dementia issues for health professionals and other persons who are likely to be interacting with or providing care to persons with Alzheimer's. These professionals include but are not limited to mental health professionals, residential facility (including assisted living and skilled nursing) personnel, and emergency room and other in-patient hospital staff.	B+	Short / Medium	NP, HEd, SG, Fndn
•	2. Focus dementia training. The California Alzheimer's Disease Management Guidelines have recently been updated. Secure resources to identify and train a cadre of trainers to teach their peers the Disease Management Guidelines in their own geographic area.	В	Short	NP, HEd SG, Fndn, CC

Recom	mendatio	on	Priority A-B-C	Timeframe S-M-L	Sector *
	inclu asse	ease consumer awareness of available resources, ding but not limited to ombudsmen, geriatric ssment teams, respite care, and communityd services.	В	Short	NP, HEd SG, Fndn
J. Pul	olic Info	mation and Community Outreach			•
		elop campaign targeted to older adults to combat prejudice associated with Alzheimer's.	С	Long	NPO CBO
	help asso mem	ide more community outreach and information to people understand the symptoms and behavior ciated with Alzheimer's issues. Address family ber concerns that they may also develop this ition.	С	Medium	LG CBO
	clien	ngthen information and referral system so that ts/family caregivers are linked to mental health mation and services	В	Medium	SG, LG CBO, NP Fndn
K. Tra		ty/Transportation		1	· ·
	1. The proce	Department of Motor Vehicles should revise their edures and assessment tools for determining her persons with dementia should continue to	B+	Medium	SG
	shou Rese	eveloping assessment tools, the Department ld utilize current knowledge from the Alzheimer's earch Centers on appropriate methods for uating the skills necessary to drive safely.	B+	Medium	SG
	shou	staff involved in conducting these assessments ld be trained in working with people with entia.	B+	Medium	SG
		orm assessment procedures and tools should be ed in all DMV offices.	B+	Medium	SG
	5. Adec	quate funding should be provided to increase ss to affordable special transportation services in punties/regions.	B+	Medium	SG, LG, NP, RGO, BUS
		) Services need to be dependable and timely.	B+	Medium	SG, LG, NP, RGO, BUS
	b	Training should be provided for persons driving these vehicles so they have reasonable expectations for persons with Alzheimer's and their safety is ensured.	B+	Medium	SG, LG, NP, RGO, BUS
	C		B+	Medium	SG, LG, NP, RGO, BUS

<sup>\*</sup>Sector Choices: NP = Non-Profit, CBO = Community Based Orgn., PA=Professional Association, Bus = Private business, Fndn = Foundation, HEd = Higher Ed, CC = Community College, AEd=Adult Education, LG = Local Gov't, RG = Regional Gov't, SG = State, Fed=Federal

Recommendation	Priority	Timeframe	Sector
	A-B-C	S-M-L	*
L. Legal			
The Wendland decision should be clarified so all	B+	Medium	SG
conservators apply this decision uniformly.			

### **FAMILY/ INFORMAL CAREGIVERS**

A. Extend the Definition of "Family"			
<ol> <li>National studies show that the majority of employed caregivers care for grandparents, parents-in-law,</li> </ol>	В	Medium	SG
other relatives, or neighbors or friends—categories			
not covered under federal or state family leave laws.			
The definition of "family" utilized in legislation needs to			
be expanded to reflect the realities of California's			
complex and varied care giving situations.			
B. Coordinate Local and Statewide Caregiver Programs			
Identify a single statewide coalition or organization	В	Medium	SG with
charged with representing and advocating for the			NP, CBO
needs and concerns of caregivers. The Long Term			LG
Care Council, the California Commission on Aging			
and/or the Association of Caregiver Resources should			
convene a standing statewide caregiver planning			
and/or advisory committee so that caregivers and			
their representatives can be actively involved in local			
and statewide planning activities. Early goals of this			
committee should be to:			
a) Call upon the Family Caregiver Alliance, as the	В	Medium	SG with
Statewide Resources Consultant, to assist local			NP, CBO
and state entities to access existing knowledge			LG
about effective practice models.			
C. Provide Additional Support for Vulnerable Caregivers			
Culturally appropriate outreach support programs	В	Medium	LG, COB
must be developed to ensure access to caregiver			
information by all California's diverse ethnic groups			
and family forms.			
Consider access by public transportation when	В	Long	LG, RG
locating support services.			NP. CBO
D. Provide Education on Family Care Giving for			
Service Providers			
Health and long-term care professionals and	B+	Long	CBO,
paraprofessionals should receive training regarding			HEd
the identification and assessment of caregiver needs			CC, PA
as well as information about available community			
resources for caregivers.			

Recommendation	Priority A-B-C	Timeframe S-M-L	Sector *
A module on family care giving should be developed for inclusion in professional training and continuing education courses in gerontology, in collaboration with professional associations and educational organizations.	В	Long	HEd, CC, PA
E. Collaboration with Employers			
<ol> <li>Create a Governor's Award to recognize employer initiatives and commitment to support for employees who have family care responsibilities.</li> </ol>	С	Long	SG
<ol> <li>AAAs and local community organizations should collaborate with employers to enhance support for caregiver employees, and to inform employed caregivers regarding the resources available to them.</li> </ol>	В	Long	SG LG CBO NP
F. Collaboration with Health Care Providers and Other			
Organizations			
<ol> <li>Physician office staff, discharge planners, and other health care personnel should be provided informational materials about care giving and to local caregiver support resources for distribution to patients and their families at critical transition points in the health care process, such as hospital discharge, nursing home admission, or the diagnosis of Alzheimer's disease.</li> </ol>	В	Long	SG CBO NP Fndn
<ol> <li>Efforts should be made to enhance the caregiver support capacity of other community organizations and natural communities, such as churches, fraternal organizations, and other affinity groups.</li> </ol>	В	Long	NP Fndn CBO
G. Public Education and Awareness			
<ol> <li>Public awareness campaigns designed to promote public recognition and discussion of the prevalence and realities of family care should be conducted statewide as well as locally.</li> </ol>	В	Long	SG NP Fndn
H. Information and Referral			
<ol> <li>California caregivers need a dedicated, statewide "1- 800" number that they can call for assistance or a "211" non-emergency information system.</li> </ol>	В	Long	SG, Fed
<ol> <li>Information specialists in existing systems (e.g., AoA Eldercare Locator - 1-800-677-1116; AAA Statewide Number – 1-800-510-2020; or development of a) should be trained to recognize care giving issues and refer caregivers to appropriate resources.</li> </ol>	B+	Medium	NP, CBO, SG, LG, RG
I. Establish an Integrated, Universal Information System			
<ol> <li>Develop an Integrated, Universal Information system that includes:</li> </ol>	B+	Medium	HEd, SG NP, CBO

Recommendation	Priority A-B-C	Timeframe S-M-L	Sector *
a) Profile of Caregivers and Care Receivers, including local, regional, and statewide information regarding the characteristics and needs of a representative sample of caregivers	B+	Medium	HEd, SG NP, CBO
<ul> <li>b) Utilize Caregiver Resource Centers to provide client specific data, service use and client satisfaction data.</li> </ul>	B+	Medium	HEd, SG NP, CBO
c) Service Area (PAS)-Based Client-Specific Data and Service Use Common Data set, incorporating client-specific information on caregiver and care receiver characteristics with unduplicated counts of service utilization for caregiver support services	B+	Medium	HEd, SG NP, CBO
d) PSA-Based Client Satisfaction Profile, including service satisfaction and client outcome information from a representative sample of clients using caregiver support services	B+	Medium	HEd, SG NP, CBO
J. Universal Quality Assurance Process			
<ol> <li>Quality measures should be developed for all care giving services. Measures should include:</li> </ol>	B+	Medium	HEd, SG NP, CBO
<ul> <li>a) Document the effectiveness and outcome of current efforts with respect to the recipients of care and caregivers.</li> </ul>	B+	Medium	HEd, SG NP, CBO
<ul> <li>b) Assure that programs are cost-effective, and that families receive the specific types of services from which they are most apt to benefit.</li> </ul>	B+	Medium	HEd, SG NP, CBO
c) Any systematic statewide effort to assure the quality of California's caregiver support programs must incorporate the Profile of Caregivers and Care Receivers, CRC client data, PSA-Based Client-Specific Data and Service Use Common Data Set, and PSA-Based Client Satisfaction Profile.	С	Medium	HEd, SG NP, CBO
K. Technological Innovations			
Support research to expand technological innovations to ease the need for and challenges of care giving.	В	Medium	SG NP Fndn

### VI. INFRASTRUCTURE ISSUES

Based on California Policy Research Center, Commission on Aging, Coordinated Leadership Conference, Quest for Caregivers-EDD, and individual team members, stakeholder and staff contributions

#### HEALTHCARE AND SERVICE PROVIDER WORKFORCE

Recommo	endation	Priority	Timeframe	Sector			
		A-B-C	S-M-L	*			
A. Ensu	re Recruitment and Retention of Healthcare						
Profe	ssionals, Allied Health, Mental Health and						
	professionals						
	Provide defined benefit pensions	С	Long	SG, LG			
١.	Provide defined benefit pensions		Long	-			
				CBO,			
				BUS			
2.	Use public information campaigns and high school	В	Medium	SG, LG			
	career fairs to market jobs.			CBO,			
	·			BUS			
3.	Market Jobs to Applicant Values, e.g., emphasize	С	Long	SG, LG			
	meaningful work that makes a difference in peoples'			CBO,			
	, ,			BUS			
	lives (e.g., concept similar to military recruitment			603			
	campaigns.)	_					
4.	Use assessment instruments to aid in making a good	В	Medium	SG, LG,			
	person-job match.			BUS			
B. Enha	nce Workforce Quality By Requiring Core						
	Competencies						
1.	Develop and support special centers of excellence in	В	Long	HEd,			
	geriatrics to advance research and education, the	_		Fndn			
				1 11011			
	discovery and application of new knowledge.						
2.	Secure private foundations support for the recruitment	В	Medium	HEd,			
	and training of academic geriatricians			Fndn			
L	<u> </u>	1	l .	-			

### **HIGHER EDUCATION**

A. Comn	nunity College Nursing Programs			
1.	Community college registered nursing (RN) programs	В	Medium	CC
	should offer a share of their admission slots to			
	students who achieve the highest grade-point			
	averages in prerequisite courses.			
2.	Other criteria, such as previous work experience and	В	Medium /	CC
	community service, could also be considered to		Long	
	prioritize admissions.			
3.	The Chancellor's Office should commission a study in	B/C	Medium /	CC
	five years to determine the success of this strategy.		Long	
4.	Community college RN programs should take steps to ensure that the average student can complete the program in two years. A calculation of required units for graduation, should be established through a collaborative effort.	B/C	Short	CC

Recommendation	Priority	Timeframe	Sector
	A-B-C	S-M-L	
<ol><li>Program would emphasize career ladders, low/no</li></ol>	B/C	Short	CC
cost educational and training opportunities, and			
collaboration with employers for job placements, etc.			
6. Develop a plan to ensure that adequate numbers of	В	Medium /	CC
individuals representing diverse cultures and		Long	
language skills are prepared at every professional			
level to work with, and on behalf of, older persons.			
7. Partner with organizations that have respected	B+	Short	CC
training programs on working with older persons (e.g.	.,		
Older Women's League).			
8. Expand programs that have high completion rates	В	Medium	CC
and high national licensing examination (e.g., NCLEX	0		
pass rates.	<b>'</b>		

THE ROLE OF HIGHER EDUCATION IN THE AGING INFRASTRUCTURE

A. Legislate Curriculum for Individuals to Work with Older Adults			
Offer scholarships and incentives to provide encouragement and support for students to enter fields work with older adults	В	Medium	HEd
Prepare the next generation: Prepare elementary school teachers to including "aging" across the curriculum. This will ensure that children are introduced to a life-span approach in an attempt to change stereotypes and prepare an informed citizenry for life-long health and financial planning.	В	Medium	HEd
<ol> <li>The K-12 school system needs to support inclusion of the life-span approach in the recognized curriculum.</li> </ol>	В	Medium	K-12

### **HOSPITALS AND COMMUNITY CLINICS**

A. Find a Stable Funding Mechanism for Indigent Care to Stop Acute Care Bed Loss and Emergency Room Closures			
<ol> <li>Impose an additional alcohol tax earmarking 100% for the funding for hospitals and Community Clinics with funding priority for those serving the indigent.</li> </ol>	C	Long	SG